



APPROVED BY

AMATEUR
FOOTBALL LEAGUE

LFL PRESIDENT

D. Y. SMIRNOV

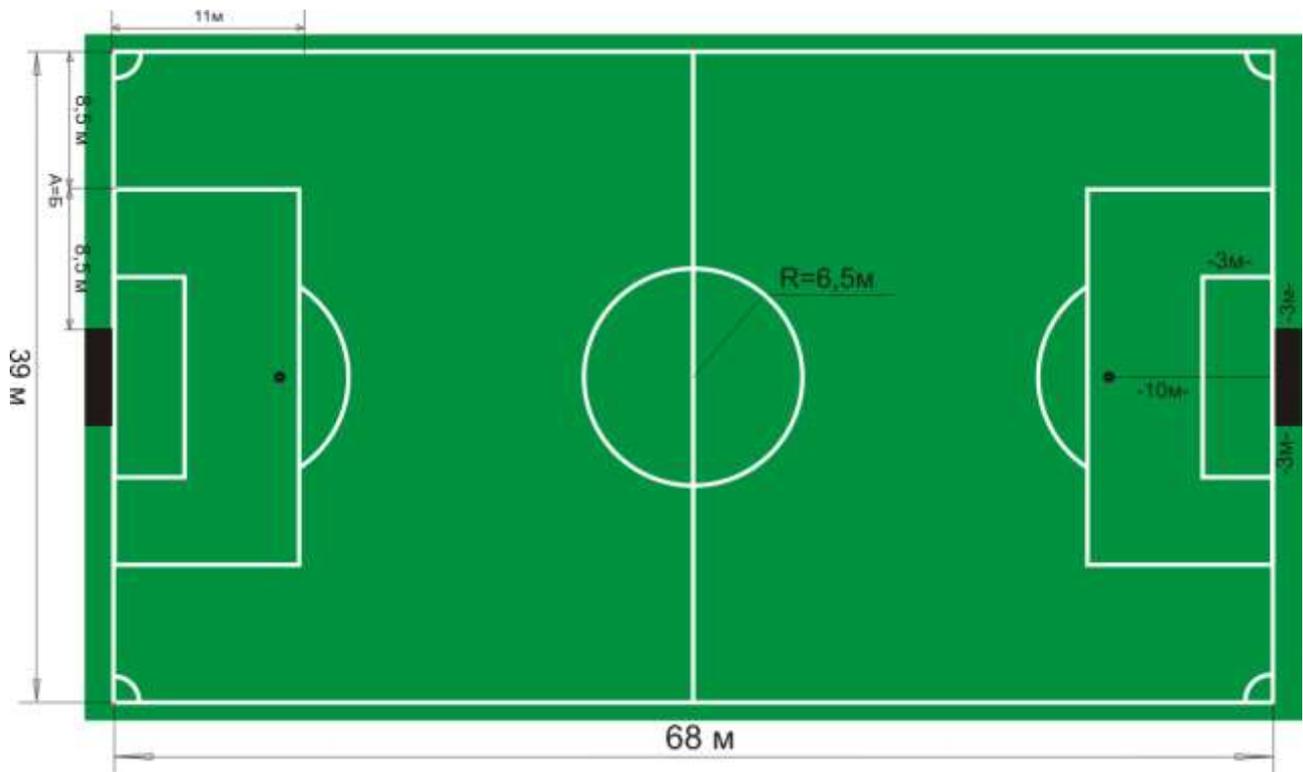
« ___ » _____ 2019.



CONTINENTAL FOOTBALL LEAGUE

REGULATIONS OF COMPETITION

**City of Moscow
2019**



Playing ground

1. The size of the playing ground is 68 x 39 m. The box line runs at a distance of 11 m from the front line, the size of the box is 11 x 22 m. The height of the pile of artificial grass is 45 mm.
2. The size of the goal is 5.60 x 2.35 m.
3. The size of the ball is №5.

Time frame

4. Half time is 25 minutes.
5. A break is up to 5 minutes.
6. If the team comes late (after the official start of the match), it is regarded as defeated (5-0).
7. The referee is to add a compensated time if the game was interrupted due to injury, intentional time wasting, or for some other reason.

Team application

8. An application to participate in the competition is submitted within the timeframe set by the **OC (Organizing Committee)**. The same Committee determines the procedure and the conditions to provide information.
9. The application of the team for the tournament allows for 16 players and 4 club representatives.
10. The players and the team representatives must pass the accreditation procedure providing the necessary information to the secretariat beforehand.
11. Accreditation of the players and the team representatives closes on May 4 at 24:00 (Moscow time). After that, no changes to the application are allowed.
12. The players must be 16 years old as minimum. Any player under 16 must have a permission from his legal representative.

13. The teams are solely responsible to ensure that no player medically contraindicated takes part in the competition and are fully liable for violation of this precondition.

Team line-up

14. The team has the right to allow the entire line-up for the match.

15. The match protocol has the e-form and already includes the entire team line-up (all players). The representative of the team should mark the players he plans to make use of in this particular match.

16. The match protocol must be completed by the representative of the home team no later than 30 minutes before the start of the match and by the visiting team 15 minutes prior to the match.

17. In addition to the main match protocol, the representatives of the teams fill in the TV protocol in which they note the starting line-up and the positions of the reserve players, indicating the jersey number, first and family names, the field position - for the main players and playing role - for the reserve ones. This protocol is filled out in block letters in Cyrillic or Latin. The deadline to fill out the TV protocol is the same as for the main one.

18. All members of the line-up who are not on the field must warm the bench or stay within the technical area.

19. A maximum of 4 members of the coaching staff (team representatives) may sit out during the match.

Players Kit

20. The players' kit is to include a jersey, briefs and stockings. A $\frac{3}{4}$ knickerbockers or sport trousers are allowed instead of briefs.

21. The team should have two kits that differ by the color of the jersey at least.

22. The team chooses either home kit or away kit in conformity with the fixtures. The visitor's kit should not be similar to host's kit.

23. Referees shall be dressed in the kit in color different from the color of the teams' kits.

24. Each player's jersey shall have numbers of 1 to 99 on the back. One player, a goalkeeper or outfield player can be allowed for a match without a number. Such player is marked with "б/н" (Rus.) or "n / n" (Eng.) in the protocol. The rest of the players are marked in the Protocol under the actual numbers, which they will play in this match under.

25. If the player's jersey is torn during the game, he can change it to a jersey with a different number, provided that no other player wears/wore that number during the game. The captain of this team must notify the referee of that.

26. The goalkeeper's kit must be different in color from that of home and visiting players.

27. All players must have shin guards.

28. Soccer boots with metal studs are not allowed. The referee has the right to debar the player or to request him to change the boots if he thinks his boots are dangerous for the other players of the game.

29. No jewelries of any kind but the wedding ring are allowed.

Referees

30. The referee's panel consists of two referees: the chief referee and his assistant. The chief referee performs all duties football referees while on the playing ground. His assistant helps the chief referee being in the technical area. The assistant can and should assist the chief referee in making decisions, but does not make them himself.

31. The assistant shall inform the chief referee of the upcoming substitutions after a reserve player comes to the reserve referee's area. The assistant shall monitor the behavior of the bench, ensuring that all substituted players and coaching staff are within the technical area.

32. The assistant shall chart the technical protocol as a hand to the chief referee.
33. The chief referee has the right:
- a) to start, put on hold and resume the game whenever is needed;
 - b) to warn or discipline players both on and off the ground;
 - c) add stoppage or injury time to the game for any delay.
34. Teams can object refereeing in writing during the break or at the end of the game before signing the protocol. After signing it the result of the game becomes officially approved.

Technical areas

35. The Playing ground is separated from the fans' area. During the game only the players and the chief referee have the right to be on the playing ground. Field players are on the ground. Reserve players are in their areas. Players getting ready to join the game are in the assistant area. Warm-up players are next to their bench in the warm-up areas. Representatives of the team and line-up players, not dressed in the game kit may also be in their technical area, provided that they have the official badge.
36. Warm-up with the ball on the playing ground is not allowed.
37. The chief referee leads the teams for the match to the playing ground from their technical areas.
38. All players and team members shall be requested to follow the instructions of the chief referee and his assistant.
39. The sent off player must leave the playing ground. The player disqualified for the previous match is allowed to be in his team's area but not dressed in a game kit and with the badge.

Substitutions

40. The number of substitutions is not limited. The reverse substitution is allowed.
41. All substitutes must pass through the assistant in his area.
42. The substituted player can leave the ground at any location thereof, but the substitute must enter the ground through the assistant's area.
43. The chief referee has the right not to allow the team to make a substitution at the moment when the opponent team is in a possession of the ball, if he considers that such substitution aims to expend time or to disrupt the attack.

Some rules of the game

44. Each team can simultaneously have 8 players on the ground - 7 field players and 1 goalkeeper (7+1).
45. The game does not start / continue if one of the teams has less than 6 players on the playing ground.
46. The offside position is not observed.
47. At indirect or free kick the opponent's players must be at a distance of 8 meters from the ball.
48. Penalty-kick is shot from 10 meters mark.
49. The sent-off player shall leave the playing ground and then the playing area until the end of the game, his team shall be in minority for 10 (ten) minutes, then the eighth's player of this team can join the game. Sent-off time is recorded by the referee panel.
50. The goal can be scored directly from the opposite goal or from the center of the field.
51. The penalty-kick cannot be played-off.

Decision on the winner

52. The tournament is held in two rounds:

a) the group matches;

b) the playoffs.

53. In the group, the teams play one lap according to "each with each other" principle.

54. If the teams gained the same number of points, their position in the group shall be defined by:

a) the result of their personal game;

b) the goal difference;

c) the goals scored;

d) the number of victories;

e) the team's rating.

55. Additional time (overtime) shall not be scheduled in any match.

56. In case of the draw during the playoff matches, a penalty-kick series (10-meter kicks) is appointed.

These series consists of 5 shots by each team and is subject to several rules:

a) all line-up players in the protocol, except for the sent-offs, can kick penalty;

b) players chosen to participate in the series shall have the right to be on the ground during the penalty-kicks, staying at half of the ground opposite to the goal which the penalties are kicked to;

c) if, after a series of five kicks, there is still a draw, the teams shall try one additional kick at each side until one side gets the advantage;

g) the penalty kickers cannot be the same until after the 8th kick of the series from each side, then any players can kick in whatever sequence, but they cannot be duplicated within the new series (from 9-th to 16-th kick).

Yellow and red cards

57. The sent-off player automatically misses the next game

58. If one and the same player gets two yellow cards in the same game, he is sent-off from the playing ground. The player who gets two yellow cards in different matches automatically skips the next game. And the same takes place after every two yellow cards during the tournament.

59. Yellow cards become void only after the player is automatically disqualified (misses the next game).

60. The Disciplinary Committee has the right to increase the term of disqualification of the player, if it considers missing of one match is not a correct penalty.

61. The administration of the team is subject to the same disciplinary measures as the players are.

Disciplinary measures

62. In any matter, the dispute may be referred to the Disciplinary Committee for the just and independent decision.

63. The Disciplinary Committee shall have unlimited and independent jurisdiction and reserves the right to impose penalties for disciplinary incidents on and off the playing ground.

64. The team is fully responsible for the behavior of its players, representatives and fans before, during and after the match, i.e. during the entire tournament.

65. Any challenged decisions of the chief referee, which were directly affected the game (referee errors) shall not be the reason to review the result of the game.

66. Any protest against violation of the competition rules must be filed within one hour after the end of the last game of each match-day or the playoffs' leg.

67. The disciplinary Committee has the exclusive right to accept protests or declare them inadmissible. Apart from that, the Disciplinary Committee has its own right to initiate prosecution for violation of any paragraph of the regulations of the competition.

68. The team accused to violate the sport principles to compete is exempt from the competition.

Mass-media

69. The organizers of the tournament have the right for all events within the framework of the competition.

70. The teams must respect the media's work. Refusal to be interviewed, to have a photo session and to accept other mass media initiatives shall be considered the violation of the competition regulations.

Awarding

71. The winner and runners-up of the tournament shall be awarded as follows:

a) the winner- team shall get the main Cup (it is not a Challenge cup prize and remains with the team permanently);

b) the players and the representatives of the winning team – shall get a set (20 pieces) of the exclusive gold medals;

c) the finalists – shall get a set (20 pieces) of the exclusive silver medals;

d) the bronze medal winner – shall get (if there was a third-place match) or semi - finalists (two teams, if there was no third-place match) – shall get a set of (20 pieces) of the exclusive bronze medals.

72. The best players of the tournament shall be awarded individual prizes in the following categories: the best goalkeeper, the best defender, the best midfielder, the best striker, the best shooter, the MVP of the tournament. The best referee of the tournament shall also be awarded.

73. The sponsors and the partners of the tournament shall have the right to promote additional prizes and awards to participants, including the Competition Prize Fund.

Financial terms for participation

74. The condition to participate in the competition shall be to pay a voluntary membership fee. Its amount is:

a) for teams from Russia, that received a personal invitation (not Moscow Region) - 70 000 rubles, (for Moscow Region) – 180 000 rubles,;

b) for teams from other countries-1,000 euros (teams from Europe and the CIS) and 1,000 dollars (teams from other continents);

c) For teams that did not appear in the list, but are included as participants, payment shall be defined by the **OC** within the range of 70 000 to 180 000 rubles for the teams from Russia or of 1 000 to 3 000 euros (dollars) for the foreign teams;

75. The deadline for payment is April 10th, 2019. Teams that have not fulfilled this stipulation may not be allowed to participate in the competition / replaced by another team.

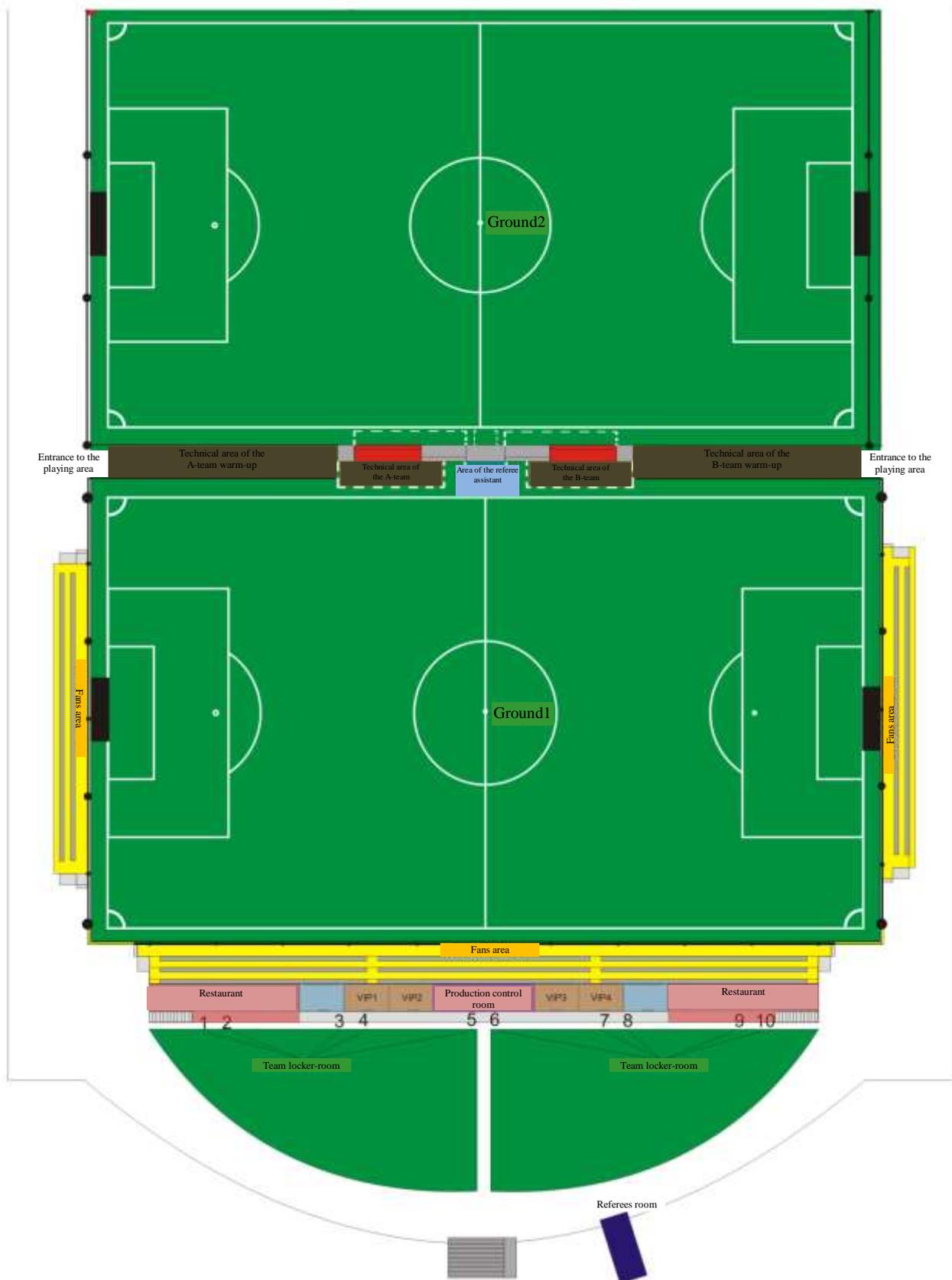
Requisite details:

76. Legal Address SFL: 129323, 26-52 Lazorevskiy proezd, Moscow 129323 Russia

77. The payments stipulated in p. 74 of these Regulations should be made to the following account details:

TIN 7716600499; RRC 771601001; account number 40702810400000003697

PJSC «Promsvyazbank» Moscow; BIC 044525555; correspondence account number 30101810400000000555



Stadium scheme (Grounds №1 и №2, Setun Park)